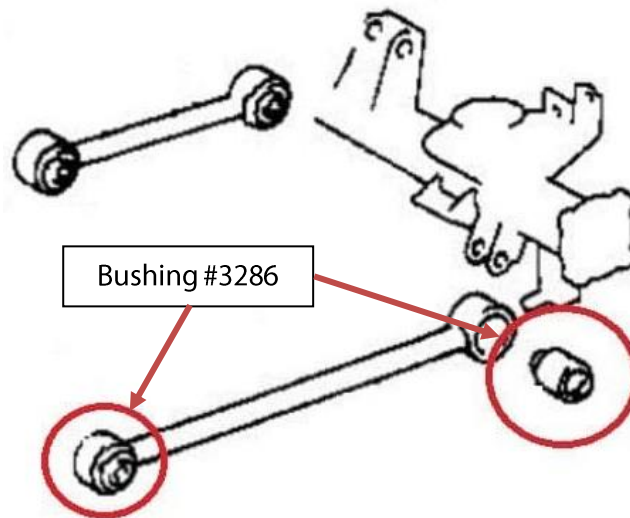


Fitting Instructions #3286IS

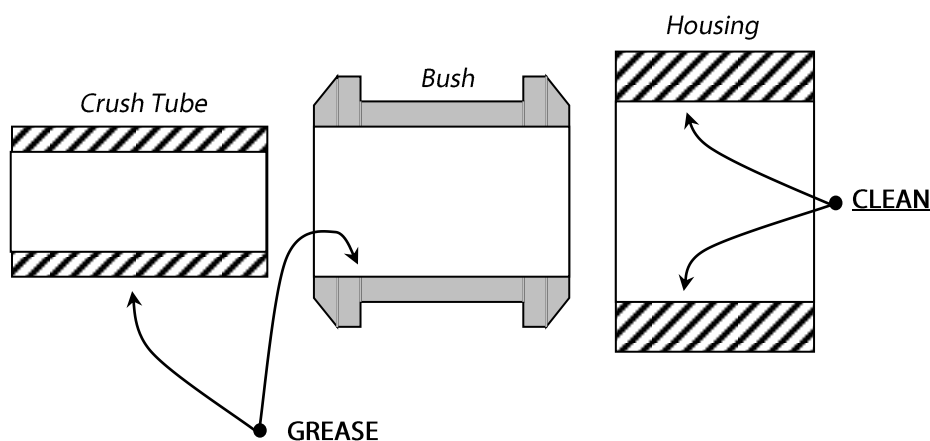
Toyota Landcruiser 200 Series

Rear Trailing Arm Lower Bush Kit



Note: Polyurethane bushes must be fitted to both sides of the vehicle.

- Wheel-align the vehicle before the job is started and note settings;
- Jack the vehicle up and support on jack stands/hoist;
- Using factory manual, remove the rear lower trailing arms;
- Remove original bushings including the steel shell from the housing with the use of a hydraulic press and suitable pressing tools;
- Grease up the body of the polyurethane bush and the inside of the housing, then, press the bushes into the housing;



- Liberally apply the grease supplied to the polyurethane bore of the bush, the outside of the steel crush tubes. Then, press the steel crush tubes into the bushes. An arbour press may be required to insert the steel tube.
- Refit the rear upper trailing arm to the vehicle and tighten all bolts to manufacturer's torque settings and carry out a wheel alignment.